

# 我该如何祷告？

*具体的，详尽的向神祈求*

## **How Should I Pray?**

*Be specific when you present your requests.*



列王纪下 19:14-19

2 Kings 19:14-19

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Hezekiah was in trouble. He was the king of the nation of Judah (the two southern tribes). The other ten tribes had been conquered by the vicious Assyrians. Now, twenty years later, the Assyrian king was camped just outside the walls of Hezekiah's capital city, Jerusalem, threatening to destroy the city and take all its people captive. He even sent Hezekiah a letter warning him that God wouldn't be able to help.

Hezekiah was greatly distressed. So he took the Assyrian king's letter into the temple, into God's presence. Then he asked the Lord to deliver Judah so the nations all around them would be able to see God's greatness. God answered his prayer and saved Judah from the Assyrians.

This story reveals two important things about prayer.

First, God wants to hear your specific requests. Don't be afraid to ask God to take care of each trouble or difficulty that seems to be attacking you. Then ask God to take care of each one.

Second, God will always protect his reputation. Instead of praying for your own selfish desires, ask God to show others how great he is. Pray that his acts on your behalf will display his power and righteousness to those who don't know him.

(See also 2 Samuel 7:19-29; 2 Chronicles 6; 7; Nehemiah 1; Psalm 85; Lamentations 5; Matthew 6:5-15; Acts 4:23-31.)

#### **Good Words to Remember:**

O Lord our God, I pray, save us from his hand, that all the kingdoms of the earth may know that you are the LORD God, you alone.

2 Kings 19:19

#### **Today's Challenge:**

What specific requests should you present to God?

希西家王十四年，希西家王正处于困境之中。当时他是犹大国的王（他的国包括两个南方支派，即十二支派中南方的两个支派），其他 10 个支派已经被凶残的亚述王攻占了。20 年后，亚述王在希西家国最主要的城市，耶路撒冷外安营扎寨，威胁着要攻打城池并俘虏所有希西家王国的人民。他甚至派人送给希西家一封信，警告他说上帝也帮不了他了。

当时，希西家真是困苦万分。因此，他带着亚述王的信进入了耶和華神的殿，然后他祈求上帝能解救犹大国，救他们脱离亚述王的手，好让天下万国都能见识到神的大能。上帝回应了他的祷告并救犹大国脱离了亚述王的手。

这个故事向我们展示了有关祷告的两个重要部分：

第一，上帝希望听到你明确的，详尽的请求。对于每一个困扰你的难题或麻烦，在向上帝祈祷时请打消你所有的顾虑，然后再请求上帝看顾你的每一个祷告。

第二，上帝永远保卫他的名誉。在祷告时，请不要仅仅只为自己个人的愿望来祈求，而要请求上帝向其他的人显示出他是何等伟大的神，他在你身上的作为将在不信之人面前显示出他的大能和正直。

（请参看撒母耳记下 7:19-29；历代志下 6；7；尼希米记 1；诗篇 85；耶利米哀歌 5；马太福音 6:5-15；使徒行传 4:23-31。）

#### **诵读经文:**

耶和華我们的神啊！现在求你救我们脱离亚述王的手，使天下万国都知道惟独你耶和華是神！

列王记下 19:19

#### **今日思考:**

向上帝祷告，你应该有什么样具体的，详尽的请求呢？