

THE SABBATH DAY

1. THE SABBATH DID NOT APPLY TO ANYONE PRIOR TO THE GIVING OF THE TEN COMMANDMENTS.

Deuteronomy 5:2-3

The LORD our God made a covenant with us at Horeb. ³Not with our ancestors did the LORD make this covenant, but with us, who are all of us here alive today. (NRSV)

2. THE SABBATH WAS NOT GIVEN AS A LAW UNTIL MT. SINAI.

Nehemiah 9:13-14

You came down also upon Mount Sinai, and spoke with them from heaven, and gave them right ordinances and true laws, good statutes and commandments, ¹⁴and you made known your holy sabbath to them and gave them commandments and statutes and a law through your servant Moses. (NRSV)

3. THE PURPOSE OF THE SABBATH WAS A SIGN BETWEEN GOD AND ISRAEL, AND WAS TO BE KEPT THROUGHOUT THEIR GENERATIONS.

Exodus 31:16-17

Therefore the Israelites shall keep the sabbath, observing the sabbath throughout their generations, as a perpetual covenant. ¹⁷It is a sign forever between me and the people of Israel that in six days the LORD made heaven and earth, and on the seventh day he rested, and was refreshed." (NRSV)

4. THE SABBATH WAS KEPT IN PART IN MEMORY OF THE ISRAELITES DELIVERY FROM EGYPT.

Deuteronomy 5:15

Remember that you were a slave in the land of Egypt, and the LORD your God brought you out from there with a mighty hand and an outstretched arm; therefore the LORD your God commanded you to keep the sabbath day. (NRSV)

5. THE SABBATH DAY WAS REMOVED AS BINDING ON GOD'S AT THE CROSS.

Colossians 2:14-16

Erasing the record that stood against us with its legal demands. He set this aside, nailing it to the cross...Therefore do not let anyone condemn you in matters of food and drink or of observing festivals, new moons, or sabbaths... (NRSV)

安息日

1. 给十诫之前没有人有责任遵守安息日（申 5:2-3）。

【耶和華我們的 神在何烈山與我們立約。這約不是與我們列祖立的，乃是與我們今日在這裡存活之人立的】（申 5:2-3）。

2. 等到西乃山才有守安息日算律法（尼 9:13-14）。

【你也降臨在西乃山、從天上與他們說話、賜給他們正直的典章、真實的律法、美好的條例與誡命。又使他們知道你的安息聖日、並藉你僕人摩西傳給他們誡命、條例、律法】（尼 9:13-14）。

3. 安息日的目的是一個標志在神和以色列之間，和是被保留在他們的世代過程中（出 31:16-17）。

【故此、以色列人要世代代守安息日為永遠的約。這是我與以色列人永遠的證據、因為六日之內耶和華造天地、第七日便安息舒暢】（出 31:16-17）。

4. 安息日被保留在部分以紀念以色列人交付從埃及（申 5:15）。

【你也要紀念你在埃及地作過奴僕。耶和華你 神用大能的手、和伸出來的膀臂、將你從那裡領出來、因此、耶和華你的 神吩咐你守安息日】（申 5:15）。

5. 在十字架安息日被去除了像束縛在神的子民（西 2:14-16）。

【又塗抹了在律例上所寫，攻擊我們，礙於我們的字據，把他撤去，釘在十字架上。既將一切執政的掌權的擄來、明顯給眾人看、就仗著十字架夸勝。所以不拘在飲食上、或節期、月朔、安息日、都不可讓人論斷你們】（西 2:14-16）。